

Training Resource Material

Mental Health Branch – October 2004

Case Study 2 Adult Mario

Mario is a 24 year old man who has a 4 year history of schizophrenia.

One year ago Mario was discharged from a CTO after his condition and his engagement with the local CCT significantly improved.

Mario lives with his parents who are currently supportive carers although there was a 6-month period of estrangement 3 years ago when Mario was unwell and refusing treatment. During this time Mario was often homeless and engaged in various levels of drug use.

Eight weeks ago Mario had a car accident while driving his father's car. No one was injured, but Mario was greatly distressed by the accident. He had difficulties getting to his casual job and started working less, he stopped attending appointments at the CCT and his parents eventually requested assistance when Mario appeared to become acutely psychotic. They suspected that he had not been taking his medication.

The triage worker spoke to Mario, who was guarded, hostile and making vague threats to harm himself due to what appeared to be delusional ideas. The triage worker referred Mario to the CATT for urgent assessment.