

Maternal and Child Health Service

The arrival of a new baby in a family brings many challenges and demands, new experiences and changes to your lifestyle. The Maternal and Child Health Service exists to support you to give your child a good start in life.

Both state and local governments have a strong commitment to ensuring that all Victorian families with young children have access to the service. The service is available at no cost for all families in Victoria with one or more children under school entry age, and there are maternal and child health centres in every local government area in the state.

The Service is jointly funded by state and local governments and managed in most instances by local government. The centres are staffed by highly qualified maternal and child health nurses, supported by a range of other health professionals.

What does the Maternal and Child Health Service offer?

It offers support, information, opportunities to discuss your concerns with a professional, and chances to meet other parents of young children. Participating in the service helps identify issues and possible problems in a child's health and development early in life, meaning that steps can be taken to deal with them.

More specifically, at a maternal and child health centre you can:



- get information, support and advice on a variety of topics including parenting, child health, development and learning, child behaviour, maternal health and wellbeing, child safety, immunisation, breastfeeding, nutrition and family planning
- participate in a series of one-to-one consultations at specific times in your child's early years that include a thorough health and development check
- take advantage of additional activities tailored for your family's needs and circumstances, for example home visits
- get help to contact specialist services such as Early Parenting Centres if extra assistance is needed
- be in a parent group where you can get information and have the chance to meet other parents in the local area

- receive more intensive support depending on need.

Local governments use the service to offer additional activities that respond to local needs and priorities, for example immunisation sessions. Additional support and services are also available to families experiencing difficulties and to those children and families in need.

The Child Health Record

The Child Health Record, given to you in hospital, will be used by you and Maternal and Child Health staff to keep an accurate and up-to-date account of your child's progress, immunisations and other important events. It can also be used as a guide for discussing your child when you visit other health professionals.

How does the Maternal and Child Health service operate?

The hospital notifies your local council that you have given birth and gives them your contact details. A maternal and child health nurse will usually telephone you within a few days of your arrival home from hospital to arrange a visit to your home, or you can contact the council earlier if you wish. At the home visit you will get information about further visits and services, where the nearest centre is and how to contact a maternal and child health nurse at any time.

What happens when you visit a maternal and child health centre?

When you go to the centre, the nurse will review your child's health, development and learning, discuss some parenting issues and talk to you about your own health and how the experience with the baby has been so far. Information about the baby's health and development is recorded in the Child Health Record. At particular stages there will be more specific assessments, including those related to hearing and vision.

Visits are an opportunity for you to ask questions about your child, yourself or anything that you are concerned about. Your own health and wellbeing are very important and can be discussed with the nurse at any time during your visit.

How often should I go?

There are particular times when a review of each child's health, learning and development are recommended. These are: following discharge from hospital (home visit) and at the ages of two weeks, four weeks, eight weeks, four months, six to eight months, one year, 18 months, two years and 3.5 years.

Families are able to access the service at other times by telephone or through a centre visit. Most services offer a range of times when families can access the service, and typically operate through scheduled appointments, open consultation sessions, and some after-hours appointments.

Is there an after hours telephone service?

The Maternal and Child Health Line is a 24-hour telephone service staffed by qualified maternal and child health nurses. The telephone line provides over-the-phone information, advice and referral to all families with young children. An interpreter service is available. The service is also available to hearing impaired callers who have access to a telephone typewriter (TTY). The telephone number is 13 22 29 and is available throughout Victoria for the cost of a local call.

Amharic

የወላደችና እና የልጆች ጤና አገልግሎት የሰልክ መስመር 24 ሰዓት ክፍት የሆነና እድሜያዊው ከጋራ ለእኩ 6 ዓመት የሚደርሱ ልጆች ላላቸው ወላጆች አገልግሎት ለመስጠት በተዘጋጁ የወላደች እና የልጆች ጤና ኅርሶች የተሟላ ነው። በሰልክ ቁጥር 13 22 29 በቬክቶሪያ ውስጥ ከማንኛውም ቦታ በመደወል በአካባቢ የጥሪ ክፍያ ባልሰጠ ወጪ ሊያገኙዎት ይችላሉ። ቋንቋ አስተርጓሚዎ ይገኛል።

Arabic

للعائلات خط صحة الأمومة والطفولة خدمة هاتفية على مدى ٢٤
عمر الست سنوات. ساعة تعمل فيها ممرضات صحة الأمومة والطفولة
في كافة أنحاء فيكتوريا لقاء التي لديها أطفال من سن الولادة ولغاية
خدمات الترجمة الشفهية متوفرة. اتصلوا على الرقم 13 22 29
كلمة مكالمة محلية.

Bosnian

Telefonska linija za brigu o zdravlju majke i djeteta je služba koja radi 24 sata dnevno za porodice koje imaju djecu do šest godina starosti i koju vode medicinske sestre za brigu o zdravlju majke i djeteta. Nazovite broj 13 22 29 u cijeloj Viktoriji po cijeni lokalnog razgovora. Možete dobiti prevodioca.

Cambodian

ខ្ញុំទូទៅស្តាប់នូវសេវាកម្មសុខភាពមាតាភិតភ័យកិច្ចប្រឹងប្រែងទាំងអស់នូវទូទៅស្តាប់ ព្រមទាំងបង្កើតជាគំរូសេវាសម្រាប់ក្រុមគ្រួសារទាំងស្រុងនៃសេវាសុខភាពមាតាភិតភ័យកិច្ចប្រឹងប្រែងទាំងអស់នូវទូទៅស្តាប់ សេវានៃកូដកែងអាជ្ញាធរថែទាំកុមារ រហូតដល់អាយុ៦ឆ្នាំ ។ ទូទៅស្តាប់ទទួលបាន ១៣ ២២ ២៩ ពេញទាំងផ្លូវទូទៅស្តាប់ ដើម្បីស្តាប់នូវ ទូទៅស្តាប់ ។ អាចមានអ្នកបកប្រែភាសាជួន

Chinese

婦幼保健專線是一項24小時的電話服務，由婦幼保健護士向有零至6歲幼兒的家庭提供服務。在維州各地撥打13 22 29，均按本地電話收費。有傳譯員提供服務。

Somali

Gaafimaadka Hooyada iyo Ilmaha khadkiisa 24ta saacadood waxaa ka shaqeeya kalkaalisada caafimaadka hooyada iyo ilmaha ee qoysaska leh carruurta da'doodu u dhexeysa kuwa dhashay iyo lix sanadood. Telefoonku waa 13 22 29 qiimihiisuna waa kan halka aad joogto. Mutarjumiina waa la helli karaa.

Spanish

La Línea de Salud Materno-infantil es un servicio telefónico que opera las 24 horas del día bajo la dirección de enfermeras de salud materno-infantil y está a la disposición de las familias con niños desde recién nacidos hasta la edad de 6 años. Teléfono 13 22 29 en todo el Estado de Victoria por el costo de una llamada local. intérpretes disponibles.

Tigrigna

ኅዳይተኝን ዕድሜኦም ከሰባ 6 ዓመት ዝኾኑ ልባውንቲ ብናይ ኣይተኝን ልባውንቲ ኣለብኹ ጥዕና ገርሲተኝ ናይ ልሳኒ መስመር 24 ሰዓት ግልጽ ተይዞም ይህንብኩ ኣለኹ። ኣብ ቬክተሪያ ብሙሉኡ መምህራን ብናይ ከባቢ ዋጋ ኢሳብ ብ13 22 29 ምድዋል። ተርጓሚ ይጻልዎ ኣዩ።

Turkish

Anne ve Çocuk Sağlığı Hattı, 0-6 yaş arası çocukları olan aileler için anne ve çocuk sağlığı hemşireleri tarafından 24 saat hizmetin sunulduğu bir telefon servisi. 13 22 29 numarayı Victoria'nın her yerinden yerel telefon ücreti karşılığında arayabilirsiniz. Tercüman sağlanmaktadır.

Vietnamese

Đường dây điện thoại Sức Khỏe Mẫu Nhi là một dịch vụ điện thoại hoạt động suốt 24 giờ do các y tá chuyên về sức khỏe mẫu nhi phụ trách để giúp đỡ gia đình và trẻ em từ khi mới sinh cho tới 6 tuổi. Nếu cần dịch vụ này, xin gọi số 13 22 29 từ bất cứ nơi nào trong tiểu bang Victoria với cước phí một lần gọi điện thoại địa phương. Có thông ngôn viên giúp đỡ.