

|  |
| --- |
| Travel plan resources |
| 1.2 – Sustainable transport in health care |
|  |

Contents

[Introduction 1](#_Toc105068025)

[Assessment 1](#_Toc105068026)

[Facilities 1](#_Toc105068027)

[Programs, events and policies 2](#_Toc105068028)

[Travel plan case studies and general resources 3](#_Toc105068029)

# Introduction

If you cannot find what you need in the toolkit, the following information, guides and tools can help you to develop or implement your travel plan actions.

# Assessment

| Resource | Description and link |
| --- | --- |
| Audits – local area walking audit | Victoria Walks’ information on conducting a walking audit* [Victoria Walks website’s Assessing walkability page](https://www.victoriawalks.org.au/How_to_assess_walkability) <https://www.victoriawalks.org.au/How\_to\_assess\_walkability>
 |

# Facilities

| Resource | Description and link |
| --- | --- |
| Bicycle parking | Australian bike parking standards made easy* [Five at Heart website's Standards and codes page](https://fiveatheart.com/all/australian-bike-parking-standards-made-easy/) <https://fiveatheart.com/all/australian-bike-parking-standards-made-easy>

[Bicycle Network website's Bike parking design and installation service page](https://www.bicyclenetwork.com.au/our-services/bike-parking-experts/installation/) <https://www.bicyclenetwork.com.au/our-services/bike-parking-experts/installation>Australian Standards AS2890.3:2015 |
| End of trip facilities – standards and guides for good quality facilities | Victoria Planning Provisions for bicycle facilities* [Victoria Planning Provisions website’s 52.34 Bicycle facilities page](https://planning-schemes.app.planning.vic.gov.au/Victoria%20Planning%20Provisions/ordinance/52.34) <https://planning-schemes.app.planning.vic.gov.au/Victoria%20Planning%20Provisions/ordinance/52.34>

Requirements for bike parking, showers and change rooms:* [Your Move website’s How to set up cycle facilities in your workplace page](https://www.yourmove.org.au/resources/how-to-set-up-cycle-facilities-in-your-workplace) <https://www.yourmove.org.au/resources/how-to-set-up-cycle-facilities-in-your-workplace>
* examples of end of trip facilities – [Cora website’s End of trip facilities – the new normal page](https://www.cora.com.au/blog/end-of-trip-facilities-the-new-normal) <https://www.cora.com.au/blog/end-of-trip-facilities-the-new-normal>
 |
| Shared zones (low speed limits in car parks) |

|  |
| --- |
| Information on assessment and of speed limits in car parks and designation of shared zones: [Traffic Engineering Manual Vol 3 Part 2.11 Speed Zoning Technical Guidelines](https://www.vicroads.vic.gov.au/-/media/files/technical-documents-new/traffic-engineering-manual-v3/tem-vol-3-part-211--speed-zoning-guidelines-dec-2021.ashx) <https://www.vicroads.vic.gov.au/business-and-industry/technical-publications> |

 |
| Parking management | Divvy parking management software to support staff parking management including allocating parking for carpooling* [Divvy website](https://www.divvyparking.com/) <https://www.divvyparking.com>
 |

# Programs, events and policies

| Resource | Description and link |
| --- | --- |
| Bike services and support for workplaces | Bicycle Network employer guide to support employees to ride* [Bicycle Network website's New business guide supports more riding page](https://www.bicyclenetwork.com.au/newsroom/2020/10/21/new-business-guide-supports-more-riding) <https://www.bicyclenetwork.com.au/newsroom/2020/10/21/new-business-guide-supports-more-riding>

Ride2Work information* [Bicycle Network website’s Bike-friendly workplaces page](https://www.bicyclenetwork.com.au/newsroom/2020/10/21/new-business-guide-supports-more-riding/) <https://www.bicyclenetwork.com.au/newsroom/2020/10/21/new-business-guide-supports-more-riding>
 |
| Information for people new to riding to work | Bicycle Network information for new riders including road rules, riding tips, bike maintenance* [Bicycle Network website’s Ride2Work bike riding resources section](https://www.bicyclenetwork.com.au/rides-and-events/ride2work/resources) <https://www.bicyclenetwork.com.au/rides-and-events/ride2work/resources>
 |
| Carpooling program – set up and promotion | [Connect Macquarie Park website's Car pooling publicity kit page](https://www.connectmacpark.com/carpooling-toolkit) <https://www.connectmpid.com.au/members-carpool-publicity-toolkit>[New Zealand Transport Agency website's Carpooling resources page](https://www.nzta.govt.nz/resources/carpooling/carpooling.html) <https://www.nzta.govt.nz/resources/carpooling/carpooling.html>* includes New Zealand Transport Agency carpooling guide
 |
| Carpooling staff tips  | [Connect Macquarie Park website's Carpooling tips and etiquette page](https://www.connectmpid.com.au/members-carpooling-tips-and-etiquette) <https://www.connectmpid.com.au/members-carpooling-tips-and-etiquette> |
| Carpooling publicity | [Connect Macquarie Park website's Car pooling publicity kit page](https://www.connectmacpark.com/carpooling-toolkit) <https://www.connectmpid.com.au/members-carpool-publicity-toolkit> |
| Guaranteed ride home policy for carpooling | [Connect Macquarie Park website's Guaranteed ride home page](https://www.connectmpid.com.au/members-guaranteed-ride-home) <https://www.connectmpid.com.au/members-guaranteed-ride-home>  |
| National Ride2Work Day | [Bicycle Network registration](https://www.bicyclenetwork.com.au/rides-and-events/ride2work/ride2work-day/) for workplaces for Ride2Work Day |
| Salary-sacrificing e-bikes | e-stralian helps organisations offer your staff a healthy commuting option as an FBT exempt fringe benefit.* [e-stralian website](https://www.e-stralian.com.au/) <https://www.e-stralian.com.au>
 |
| Public Transport Victoria (PTV) Myki Commuter Club | For discounted annual public transport tickets for employees (metropolitan Melbourne only)* [PTV website’s Myki Commuter Club page](https://www.ptv.vic.gov.au/tickets/myki/buy-a-myki-and-top-up/myki-pass/myki-commuter-club) <https://www.ptv.vic.gov.au/tickets/myki/buy-a-myki-and-top-up/myki-pass/myki-commuter-club>
 |

# Travel plan case studies and general resources

| Resource | Description and link |
| --- | --- |
| Your Move WA Workplace resources | Your Move workplaces resources to support non-car travel to your workplace* [Your Move website’s Resources for workplaces page](https://www.yourmove.org.au/resources/?organisation=4) <https://www.yourmove.org.au/resources/?organisation=4>
 |
| Transport for NSW travel plan resources | Travel Choices – travel planning resources* [MySydney website’s Travel demand management page](https://www.mysydney.nsw.gov.au/travelchoices/tdm) <https://www.mysydney.nsw.gov.au/travelchoices/tdm>
 |
| Global Green and Healthy Hospitals (GGHH) Transportation case studies | Case studies of different transport actions by hospitals that are part of the GGHH network:* [GGHH website's Case studies from GGHH members page](https://www.greenhospitals.net/case-studies-transportation) – under ‘Transportation’ <https://www.greenhospitals.net/case-studies-transportation>
 |
| Mater Services South Brisbane Transport Actions – ‘Transport at Mater Health Services’ | Available on the [GGHH website's Case studies from GGHH members page](https://www.greenhospitals.net/case-studies-transportation) – under ‘Transportation’ <https://www.greenhospitals.net/case-studies-transportation> |
| Lismore Hospital case study | Available on [Northern NSW LHD website's Lismore Base Hospital Precinct draft travel plan page](https://nnswlhd.health.nsw.gov.au/wp-content/uploads/LBHTravelPlan.pdf) <https://nnswlhd.health.nsw.gov.au/blog/2015/08/25/lismore-base-hospital-precinct-draft-travel-plan> |
| Royal North Shore – Workplace travel plan 2016 to 2018 | Available on the [Northern NSW LHD website's Active travel page](https://www.nslhd.health.nsw.gov.au/HealthPromotion/Pages/ActiveTravel.aspx) – under ‘Workplace travel plans’ <https://www.nslhd.health.nsw.gov.au/HealthPromotion/Pages/ActiveTravel.aspx>. |
| Northern Beaches Health Service – Workforce travel plan | Available on the [Northern NSW LHD website's Active travel page](https://www.nslhd.health.nsw.gov.au/HealthPromotion/Pages/ActiveTravel.aspx) – under ‘Workplace travel plans’ <https://www.nslhd.health.nsw.gov.au/HealthPromotion/Pages/ActiveTravel.aspx>. |
| Transport for NSW Hospital travel plan case studies 2018 | PDF of hospital travel plan case study summaries accessible at <http://data.mysydney.nsw.gov.au/files/Hospital+travel+plan+case+studies.pdf> |
| Hawkes Bay District Health Board, NZ – ‘Go Well travel’ campaign and supporting travel plan | Available on the [GGHH website's Case studies from GGHH members page](https://www.greenhospitals.net/case-studies-transportation) – under ‘Transportation’ <https://www.greenhospitals.net/case-studies-transportation> |

To receive this document in another format, phone 9595 2898, using the National Relay Service 13 36 77 if required, or email sustainability <sustainability@health.vic.gov.au>.

Authorised and published by the Victorian Government, 1 Treasury Place, Melbourne.

© State of Victoria, Australia, Department of Health, August 2022.

Refer to the main reference document **ISBN** 978-1-76096-951-6 **(pdf/online/MS word)**

Available at [Department of Health website](http://www.health.vic.gov.au/sustainability) <www.health.vic.gov.au/sustainability>