

Caring for facial skin

Applying dressings under PPE

Forehead
Approximate measurements
(not to scale)
15 cm
3 / 3.5 cm

Nose and face
Approximate measurements
(not to scale)
5 / 5.5 cm
15 cm
3 / 3.5 cm

Ears
Approximate measurements
(not to scale)
5 / 5.5 / 7 cm
3 / 3.5 cm

Apply dressings to nasal bridge, cheekbones and behind ears. Do not stack multiple dressings.

Apply dressings safely outside patient areas. Fit check every time a new respirator is worn.

Consider referral to a GP or dermatologist if severe irritation continues.

Check the mask is the correct size and fit on your face and over your ears

P2/N95 respirators must be fit checked once wrinkle-free dressings are in place to ensure that the respirator seal is not impaired. Dressings should always be used with caution.

**P2/N95 respirators are for single use for up to 4 hours • Replace when soiled, or damp
DO NOT touch the front of the respirator**