



We can answer questions about voluntary assisted dying

Department of Health Victoria



Easy English

Hard words



This book has some hard words.

The first time we write a hard word

- the word is in **blue**

- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book

- know what this book is about

- find more information.



We will write contact information at the end of this book.

About this book

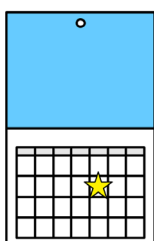


Department of Health

This book is from the Department of Health.



This book is about **voluntary assisted dying**.

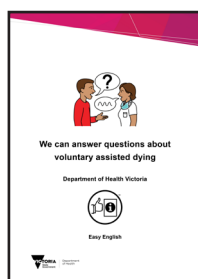


Voluntary assisted dying means some people can ask for help to die

- when they want to
- how they want to.

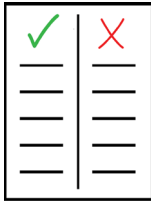


We have a service that can answer your questions about voluntary assisted dying.



This book will tell you about the service.

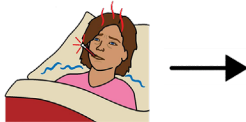
Who can get help to die?



There are rules for voluntary assisted dying.



Not everyone can get help to die.

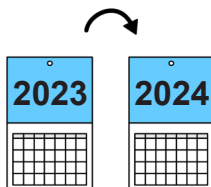


You can only get help to die if you

- have a sickness that will **not** stop



- feel lots of pain from the sickness



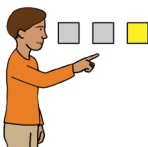
- are likely to die in the next 6 months
or 1 year for some sicknesses



- are 18 years or older



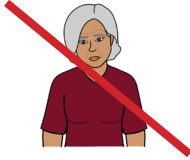
- live in Victoria



- are able to make your own choices.

Who cannot get help to die?

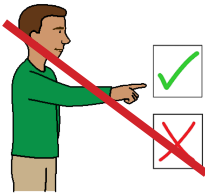
You **cannot** get voluntary assisted dying if you



- have a mental illness only



- have a disability only

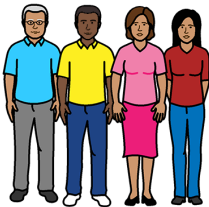


- **cannot** make your own choices.

What is the service?



The service will answer questions about voluntary assisted dying.



Anyone can contact the service.



The service can tell you

- how voluntary assisted dying works



- who can help you



- how to find the right doctors



- how to get the support you need.



The service might also help you pay for travel costs to see a doctor.

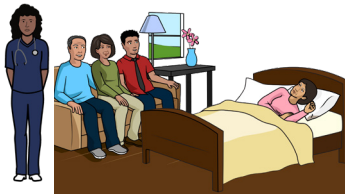
Who are the people at the service?

The people at the service are called **care navigators**.



A care navigator is a health professional who is trained to help dying people.

For example, a nurse.



A care navigator can also help the family and friends of a dying person.



You always have the right to make your own choices.



You can decide **not** to get help to die after you talk to a care navigator.



More information

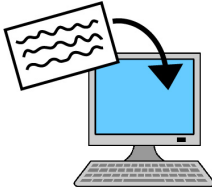
To contact the care navigator service



Call 03 8559 5823



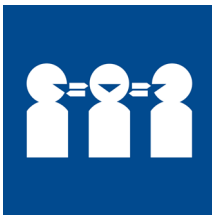
Mobile 0436 848 344



Email

vadcarenavigator@petermac.org

If you do not speak English



Use the free Translating and Interpreting Service or TIS.



Call 131 450

Give the TIS officer the phone number you want to call.



If you need help to speak or listen

The National Relay Service can help you make a phone call.



Call 1800 555 660



Website bit.ly/nrs-helpdesk

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