# **记录3：我的烹饪温度检查**

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| **场所：** |  |  |  |
| **日期** | **需核实烹饪温度的菜单项目** | **内部烹饪温度超过75oC（****或****）** | **为达到75oC以上温度而对烹饪方法所做的任何改变** |
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