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| Mental Health Bulletin 86 |
| Victorian Eating Disorders - New Programs |
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## Purpose and Scope

To provide guidance for the reporting of new eating disorder programs to be delivered by area mental health and wellbeing services.

In scope:

* Reporting guidance for ambulatory community mental health activity data of consumers in CMI/ODS

## Overview

The Victorian eating disorders strategy 2024-2031 outlines a whole of government and community wide approach to eating disorders and responding to immediate priorities. The focus is on prevention, early intervention and identification as well as treatment.

Rolling implementation plans will support the delivery of the following new programs that will be captured in CMI/ODS for reporting purposes:

* 10 Early Intervention & Integration Leads (EIILs) across the state to co-ordinate eating disorders care for consumers across infant, child & Youth (ICY) and adult & Older adults (AOA) area services

* Two in-home intensive early engagement treatment programs for young people in metropolitan Melbourne to provide peer led step-in-supports (Austin & Alfred)
* Establish a regional community-based intensive eating disorders day program which will deliver an

8-12 week program for up to 12 consumers at a time (Barwon Health)

## Activity Data Reporting

All registered consumers seen by an ambulatory mental health service are to have contacts recorded in CMI/ODS. Diagnoses, phase of care and outcome measures are also required for ambulatory consumers as per previous advice.

The Early Intervention & Integration Leads (EIILs) are considered specialists and are approved to record community contact Type C, Code 6 (specialty service development). This is in recognition that this service is funded to provide specialist type community mental health services which significantly build capacity to provide mental health support to a target population

## Subcentre / Program Setup

The subcentre and program set up in CMI/ODS is set out below:

### Early Intervention & Integration Leads (EIIL)

**Subcentre – Early Intervention & Integration Leads (EIIL)**

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| --- | --- | --- | --- | --- | --- |
| **Subcentre Name** | **Subcentre Type** | **Program Class** | **OM Setting** | **Caseload** | **Open Reason** |
| Early Intervention & Integration Lead (EIIL) | Community | Community | Not applicable | No | New Service |

**Program**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Program Description** | **Classification** | **Program Type** | **Target Population** | **Fund Source** |
| Early Intervention & Integration (EIIL) | Community | CB4 – Comm, Eating Disorders EIIL | 55 Eating Disorders | 15200 Comm, Specialist Statewide Service |

**Note:** Similar to the Enhanced Integrated Model for Eating Disorders, the Early Intervention & Integration Leads (EIILs) are able to record Type C, Code 6 contacts also.

### In Home Intensive Eating Disorder Intervention

This initiative may be further defined by identifying where in the in-home intensive journey the consumer is at a given point in time. The model of care identifies the following components: ‘Step up’, ‘Step in’ and ‘Step out’. Outlined below are two options for recording this activity in CMI/ODS. One option is to split the subcentre (Option 1) into ’step up’, ‘step in’, ‘step out’ and the other way is to split these components by program (Option 2) as shown below:

**Option 1: Subcentre – In Home Intensive Intervention (CAMHS)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Subcentre Name** | **Subcentre Type** | **Program Class** | **OM Setting** | **Caseload** | **Open Reason** |
| In Home Intensive Eating Disorder – CAMHS Step Up  In Home Intensive Eating Disorder – CAMHS Step in  In Home Intensive Eating Disorder – CAMHS Step Out | Community | Community | CAMHS Community | Yes | New Service |

**Program**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Program Description** | **Classification** | **Program Type** | **Target Population** | **Fund Source** |
| In Home Intensive Eating Disorders CAMHS | Community | CB5 – Comm, CAMHS Eating Disorders In Home Intensive | 55 Eating Disorders | 15200 Comm, Specialist Statewide Service |

**Alternatively, the set up as shown below for CAMHS can be used**

**Option 2: Subcentre – In Home Intensive Intervention (CAMHS)**

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| --- | --- | --- | --- | --- | --- |
| **Subcentre Name** | **Subcentre Type** | **Program Class** | **OM Setting** | **Caseload** | **Open Reason** |
| In Home Intensive Eating Disorder – CAMHS | Community | Community | CAMHS Community | Yes | New Service |

**Program**

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| --- | --- | --- | --- | --- |
| **Program Description** | **Classification** | **Program Type** | **Target Population** | **Fund Source** |
| In Home Intensive Eating Disorders CAMHS Step Up  In Home Intensive Eating Disorders CAMHS Step In  In Home Intensive Eating Disorders CAMHS Step Out | Community | CB5 – Comm, CAMHS Eating Disorders In Home Intensive | 55 Eating Disorders | 15200 Comm, Specialist Statewide Service |

**Option 1: Subcentre – In Home Intensive (Adult)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Subcentre Name** | **Subcentre Type** | **Program Class** | **OM Setting** | **Caseload** | **Open Reason** |
| In Home Intensive Eating Disorder – Adult Step Up  In Home Intensive Eating Disorder – Adult Step in  In Home Intensive Eating Disorder – Adult Step Out | Community | Community | Adult Community | Yes | New Service |

**Program**

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| --- | --- | --- | --- | --- |
| **Program Description** | **Classification** | **Program Type** | **Target Population** | **Fund Source** |
| In Home Intensive Eating Disorders Adult | Community | CB6 – Comm, Adult Eating Disorders In Home Intensive | 55 Eating Disorders | 15200 Comm, Specialist Statewide Service |

**Option 2: Subcentre – In Home Intensive (Adult)**

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| --- | --- | --- | --- | --- | --- |
| **Subcentre Name** | **Subcentre Type** | **Program Class** | **OM Setting** | **Caseload** | **Open Reason** |
| In Home Intensive Eating Disorder (Adult) | Community | Community | Adult Community | Yes | New Service |

**Program**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Program Description** | **Classification** | **Program Type** | **Target Population** | **Fund Source** |
| In Home Intensive Eating Disorders Adult Step Up  In Home Intensive Eating Disorders Adult Step In  In Home Intensive Eating Disorders Adult Step Out | Community | CB6 – Comm, Adult Eating Disorders In Home Intensive | 55 Eating Disorders | 15200 Comm, Specialist Statewide Service |

### Eating Disorders Day Program (ambulatory)

**Subcentre – Intensive Eating Disorders Day Program (CAMHS)**

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| --- | --- | --- | --- | --- | --- |
| **Subcentre Name** | **Subcentre Type** | **Program Class** | **OM Setting** | **Caseload** | **Open Reason** |
| Intensive Eating Disorders Day Program (CAMHS) | Community | Community | CAMHS Community | Yes | New Service |

**Program**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Program Description** | **Classification** | **Program Type** | **Target Population** | **Fund Source** |
| Intensive Eating Disorders Day Program (CAMHS) | Community | CB8 – Comm, CAMHS Intensive Eating Disorders Day Program | 55 Eating Disorders | 15200 Comm, Specialist Statewide Service |

**Subcentre – Intensive Eating Disorders Day Program (Adult)**

**Program**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Program Description** | **Classification** | **Program Type** | **Target Population** | **Fund Source** |
| Intensive Eating Disorders Day Program (Adult) | Community | CB9 – Comm, Adult Intensive Eating Disorders Day Program | 55 Eating Disorders | 15200 Comm, Specialist Statewide Service |

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| --- | --- | --- | --- | --- | --- |
| **Subcentre Name** | **Subcentre Type** | **Program Class** | **OM Setting** | **Caseload** | **Open Reason** |
| Intensive Eating Disorders Day Program (Adult) | Community | Community | Adult Community | Yes | New Service |

### For More Information

# Further information about the correct use of CMI/ODS can be found on the Victorian Government’s website. In particular, see the sections on; Registration of Clients, CMI/ODS Service Contacts and Subcentre/Program Maintenance. <https://www.health.vic.gov.au/research-and-reporting/bulletins-and-program-management-circulars-pmc>

# For any queries relating to data reporting or program setup please email: [MHDReporting@health.vic.gov.au](mailto:MHDReporting@health.vic.gov.au)

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